

## Programme for the 2020 Mental Health Europe Empowerment Seminar:

### Let's Talk, Empowering Recovery in Europe, 24<sup>th</sup> July 2020

All times in Irish Standard Time - Irish Standard Time is 1 hour behind Central European Summer Time

Time	Item	Speaker
09:45	Webinar 'Doors' Open	
10:00-10:05	Webinar Commences with Music & Poetry	Billy Clarke - Recovery Education Facilitator, Mayo Recovery College
10:05-10:15	Welcome & Housekeeping	MC: Catherine Brogan - Development & Training Manager, Mental Health Ireland
10:15-10:45	Let's Talk Empowering Recovery in Europe Introductory Session: <ul style="list-style-type: none"> <li>What does Let's Talk Empowering Recovery in Europe mean from your organisation's perspective?</li> <li>What would be a good outcome for the people you represent from today's seminar?</li> </ul>	<b>Martin Rogan</b> - CEO, Mental Health Ireland <b>Claudia Marinetti</b> - Director, Mental Health Europe <b>Olga Kalina</b> - Chair, ENUSP, European Network of (ex)Users and Survivors of Psychiatry <b>Michael Ryan</b> - HSE National Head of Mental Health Engagement and Recovery, Ireland
10:45-10:55	Art Exhibition: Artists from all over Europe and farther afield responded to our call for art on the theme of Empowering Recovery	Various Artists
10:55-11:15	20 Minute Break: Grab a cuppa, have a stretch!	
11:15-12:15	Keynote Speakers & Q&A Session <ul style="list-style-type: none"> <li>Keynote 1: Recover Your Power - Jolijn Santegoeds + Q&amp;A</li> <li>Keynote 2: Mental Health Role Models - Dominique de Marné + Q&amp;A</li> <li>Keynote 3: Empowering Family Recovery - Gina Delaney + Q&amp;A</li> </ul>	<b>MC: Michael Norton</b> - National Engagement & Recovery Lead, HSE Office of Mental Health Engagement & Recovery, Ireland <b>Jolijn Santegoeds</b> - European Network of (Ex-) Users and Survivors of Psychiatry (ENUSP) & Founder and Chair of Mind Rights <b>Dominique de Marné</b> , Writer, Entrepreneur & Mental Health Advocate, Mental Health Europe's Senior Policy Advisor on Youth <b>Gina Delaney</b> , Development Officer, Mental Health Ireland & Family Member
12:15-12:30	Music: Artists from all over Europe and farther afield responded to our call for music	Various Artists
12:30-13:00	Lunch Stay tuned in to view more of the spectacular Art, photography, poetry and music submitted from all over Europe. Enjoy!	Various Artists
13:00	Introduction to workshops MC Catherine will guide you through how to access your workshops and when to re-join the main room.	Catherine Brogan
13:10-14:40	Workshops You will have signed up for a workshop on registration and have been sent instructions on how to access your workshop.	Various
14:40-15:00	Virtual Recovery Trail of Kilkenny, Ireland Explore how Kilkenny city comes together to empower recovery	<b>Introduced by:</b> <b>Belinda Coyle</b> - Family Peer Educator, Recovery Education Facilitator and Coordinator of the Kilkenny Involvement Centre <b>David Dwyer</b> - Peer Educator, Recovery College South East, Kilkenny, Ir
15:00-15:45	Live Panel: CHIME – Past, Present, Future	<b>MCs: Gina Delaney &amp; Belinda Coyle</b> <b>Panellists:</b> <b>Martha Clark</b> – Peer Support Worker, Health Service Executive, Ireland & Psychology Student <b>Olga Kalina</b> – Chair, ENUSP, European Network of (ex)users and survivors of psychiatry <b>Sushil Teji</b> – Family Member <b>Martin Rogan</b> - CEO, Mental Health Ireland <b>Nigel Henderson</b> – Chief Executive at Penumbra & Senior Policy Advisor to Mental Health Europe
15:45-15:50	Close & Thanks Music: What a way to finish our Seminar 'Lets Talk Empowering Recovery in Europe' than with a celebration through music.	<b>Catherine Brogan</b> <b>Various Artists</b>

**Evaluation: Link to survey will pop up when you leave the webinar.**

Don't forget to check out twitter [#empoweringrecovery](https://twitter.com/empoweringrecovery) to join the conversation and [www.mentalhealthireland.ie/empoweringrecovery](http://www.mentalhealthireland.ie/empoweringrecovery) for more information on the panellists, workshops, speakers and more! Webpage goes live at 10am on Friday 24<sup>th</sup> July.