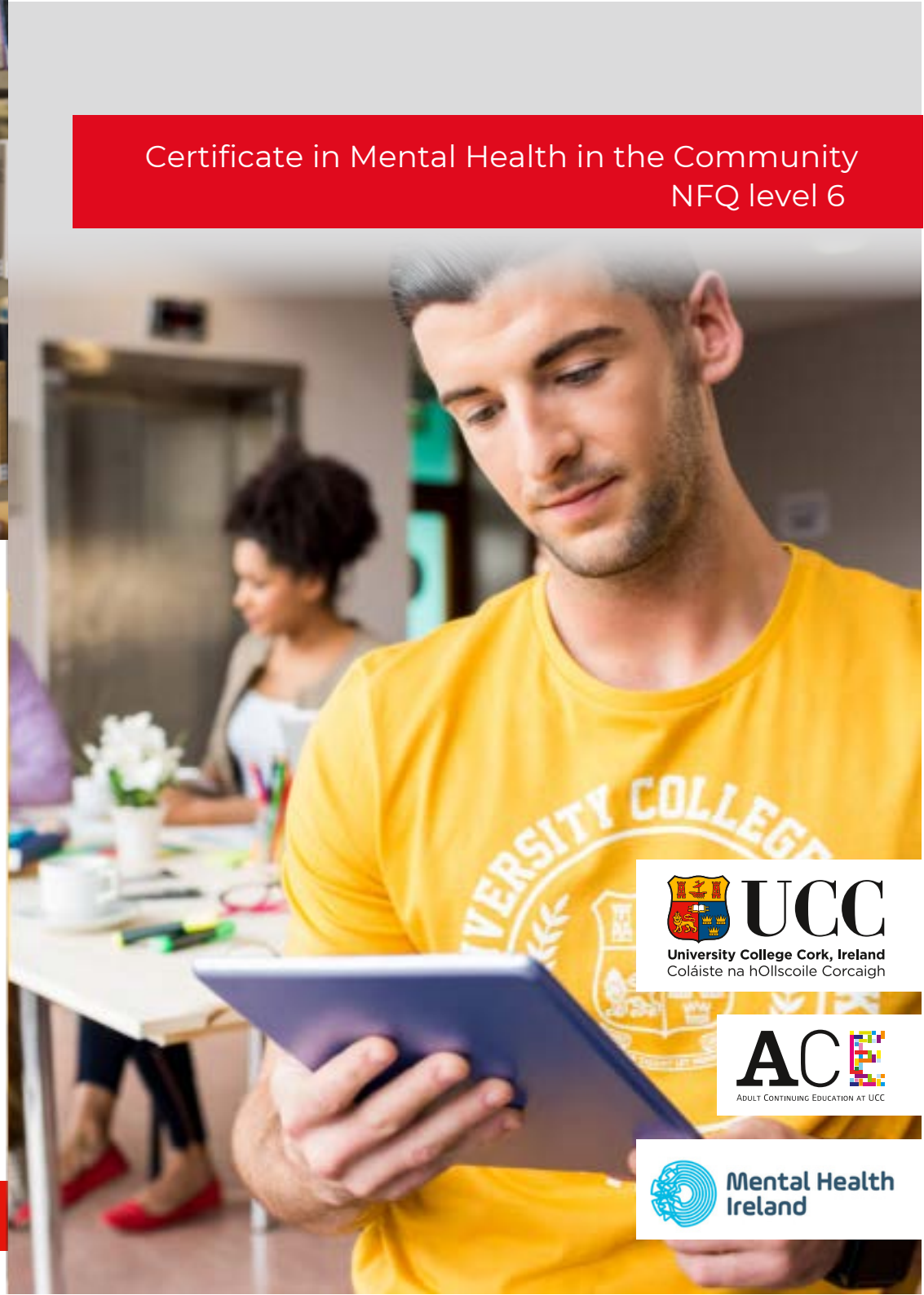




Certificate in Mental Health in the Community NFQ level 6



Certificate in Mental Health in the Community

Entry Requirements	<p>*Candidates must be at least 21 years of age by 1 January of the year of application</p> <p>*While there are no formal educational requirements, it is expected that proposed candidates will have attained Leaving Certificate/QQI Level 5 or an equivalent qualification. *Prior experience will be taken into account.</p>
English Language Requirements	All applicants whose first language is not English must have attained IELTS Level 6 or the equivalent TOEFL score.
Fees	<p>€990</p> <p>The Mental Health Ireland Tony Leahy Scholarship is now open. An application form is available on the webpage: https://www.ucc.ie/en/ace-cmhc/</p>

Want to know more?

Programme Coordinator: Brenda Healy; b.healy@ucc.ie; 086-8079204; 021-4904700

Apply Now at:
<https://www.ucc.ie/en/ace-cmhc/>



Certificate in Mental Health in the Community

What is the course about?

A partnership development between Mental Health Ireland and Adult Continuing Education, the Certificate in Mental Health in the Community is an innovative part time recovery education programme. Designed for the community participant, the curriculum aims to cultivate capacities of individuals and communities that encourage greater social activism on topics of mental health and empower students to advocate for mental health and wellbeing in their community to enhance their knowledge, skills and values in respect of mental wellbeing and recovery. The programme explores what can work for people who experience mental health difficulties in supporting personal recovery. It examines contemporary debates in the field of mental health with a focus on recovery approaches and frameworks. It looks at good practice in mental health promotion and suicide prevention across a range of services and community based initiatives. It explores concepts of mental health, and considers community based educational and support options for mental health recovery.

Who should apply?

- Peer workers, Advocates, Family members
- Community Educators/ Activists
- Social Care/Mental Healthcare Professionals
- Housing, Homeless, Disability and Addiction Service Providers

How is it delivered?

Blended: with online classes and in-person workshops.

Course Curriculum

- Concepts of Mental Health
- Mental Health Policy and Practice
- Community Approaches, Models and Interventions
- Practice Skills in Mental Health in the Community

How will you benefit?

In-line with national policy, the programme recognises the importance of professional expertise and the lived experience; hence the programme was co-produced and is delivered by health professionals as well as people with personal experience of mental health problems and recovery. The uniqueness of the teaching environment facilitates the adult learner in the integration and application of learning through: co-produced activities, poster presentations, site visit, skills demonstration as well as class lectures. Classes are structured to provide a safe space for critical dialogue into topics and issues concerning mental health and recovery.

Certificate in Mental Health in the Community

What our graduates say

*"The course was the best thing I have ever done in my life ...
I believe now that education is the key."*

Anne

"Certainly, you can learn an awful lot from a book and the things that you read, but I don't think there's anything like somebody's lived experience and their willingness to share that with other people. For me, that brought this course into a different dimension. It was phenomenal and opened my eyes really because of that aspect."

David

Shortlisted for AONTAS Star Award 2016-2017 and 2018-2019

