**Example of Budge/Costs Associated with Proposed Project**

**Please include the items you will need to design and implement your project and to disseminate the outcomes**

|  |  |  |  |
| --- | --- | --- | --- |
| **Running Costs** | Cost per item € | Detail | Total Cost € |
| **Project Running Costs** |  |  |  |
| Venue Hire |  |  |  |
| Refreshments |  |  |  |
| Travel |  |  |  |
| Stationery |  |  |  |
| Printing |  |  |  |
| Postage |  |  |  |
|  |  |  |  |
| **Equipment costs** |  |  |  |
| Flip charts |  |  |  |
| Colour pens |  |  |  |
|  |  |  |  |
| **Training Costs** |  |  |  |
| Course Fee |  |  |  |
| Conference attendance Fee |  |  |  |
|  |  |  |  |
| **Dissemination Costs** |  |  |  |
| Attendance at Conference |  |  |  |
| Printing |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Total Cost |  |  |  |