



HSE
Mental Health
Engagement
& Recovery



Mental Health
Ireland



Cúram Sláinte Pobail Thoir
Cú Mharrán | Beir Ania Cráth Thoir
Bair Ania Cráth Thoir Thoir
Community Healthcare East
Wicklow | Dublin South | Dublin South East



Cluain Mhuire
Community Mental Health Services
Hospitality Compassion Respect

Interim Peer Educator Post (6 months)

Community Healthcare East and ARCHES Recovery College

Job Specification and Terms and Conditions

Please Quote 2024-001 when applying for the position.

To apply for this position please submit a cover letter setting out your reasons for applying for the position along with your Curriculum Vitae to recruitment@mentalhealthireland.ie

Job Title	Interim Peer Educator – Community Healthcare East and ARCHES Recovery College
Grade	Grade IV €33,508
Posts Available	1 position – 37hrs per week 6 month Fixed Term Contract
Closing Date	Closing date 22 nd December 2023 at 12 noon. Applications received outside this time will not be considered.
Interview Date	Interviews will be held the week commencing 8 th January 2024.
Start Date	To be confirmed upon offer of post.
Employer	Mental Health Ireland
Organisational Area	HSE Community Healthcare East (Dublin South East, East Wicklow, and Cluain Mhuire catchments).
Base	This is a hybrid post (with work being conducted both online and in relevant HSE Community Healthcare East locations). The successful candidate's office will be in ARCHES Recovery College, Campus, Clonskeagh Hospital, Clonskeagh Rd, Rathmines, Dublin 6, D06 N5N3.
Reporting Relationship	Reporting relationship with Mental Health Ireland from an employment contract perspective. Working relationships with CHO 6 Mental Health Service in terms of supervision and operational management. Reporting directly to Recovery Co-ordinator for Community Healthcare East and ARCHES Recovery College (Dr Donal O'Keeffe).
Informal Enquiries	For informal enquiries please contact Recovery Coordinator and ARCHES Recovery College Manager (Dr Donal O'Keeffe) at donal@mentalhealthireland.ie or on 087 656 7785.
Details of Service	<p>HSE Community Healthcare East secondary mental health services include child and adolescent, general adult, and psychiatry of later life services.</p> <p>These comprise Recovery Education (through ARCHES Recovery College), Mental Health Engagement, vocational training centres, and peer support services as well as outpatient clinics, rehabilitation services, and residential services. Acute inpatient psychiatric facilities, long stay approved centres, day hospitals, and day centres are also components.</p> <p>Specialist supports are provided to serve a particular group within the population, based on their stage of life or particular needs (e.g., mental health and intellectual disability services, eating disorder services, and the National Gender mental health service).</p>

	<p>ARCHES Recovery College is the HSE Recovery Education Service operating across Community Healthcare East. Recovery Education is an approach to supporting people with mental health difficulties, their family members/supporters, and mental health professionals. It is based on the theory and practice of adult education, and recognition of the value of lived experience, rather than clinical or therapeutic models.</p> <p>Recovery Colleges offer a wide range of courses, talks, peer support opportunities, and social events to share knowledge about different coping strategies, develop ways of making sense of psychological distress, and experience belonging, meaning, and empowerment. Importantly, Recovery Education is coproduced, meaning that all courses are developed by service users, their family members/supporters, and mental health professionals collaborating.</p> <p>Peer Educators in mental health services are people employed for their expertise in cofacilitation and coproduction and their lived experience of mental health difficulties and receiving support.</p>
Reporting Relationship	The post holder will report directly to the Recovery Coordinator (Dr Donal O’Keeffe)
Purpose of the Post	<p>The continued development of recovery orientated services is a key priority of mental health services. The development of the Framework for Recovery in Mental Health 2018 – 2020 sets out an understanding of recovery and recovery orientated services, the core values that underpin it, and the actions and measures that support such a service. This is also in line with Mental Health Ireland’s strategy – Mental Health for All – Hope, Strength, and Action (2022- 2024) Priority Area 1, Objective 1.</p> <p>Mental Health Ireland is partnering with HSE Community Healthcare East to develop, deliver, and embed Recovery Education across Dublin South East, East Wicklow, and Cluain Mhuire mental health services. The advertised roles play an integral part in supporting the achievement of this aim.</p> <p>Central to this is (i) offering a full programme of Recovery Education courses for service users and their family members, careers, and supporters every 3 months and (ii) educating and supporting clinicians to deliver recovery orientated mental health services.</p> <p>The Peer Educator will support the coproduction and facilitation of Recovery Education, the co-ordination of day-to-day operations as well as the communication, administration and evaluation of HSE Community Healthcare East Recovery Education initiatives.</p>
Principal Duties and Responsibilities	<ul style="list-style-type: none"> • The Peer Educator will deliver on the aims and objectives of HSE Community Healthcare East’s Recovery Education priorities as per the National Framework for Recovery and supporting guidance documents on Recovery Education, Co Production, Family Recovery, and Sharing the Vision (2020). • To lead and manage the development of Recovery Education through ARCHES Recovery College across the identified organisation area in line with the National Framework for Recovery in Mental Health 2018-2020 and Sharing the Vision (2020). • Work in collaboration with mental health and addiction services in promoting a whole service approach to co-produced Recovery Education, in line with Recovery Education Guidance Document 2018-2020, Co-production in

	<p>Practice Guidance Document 2018-2020, Family Recovery Guidance Document 2018-2020).</p> <ul style="list-style-type: none"> • To safeguard the principles of recovery, co-production, co-delivery and co learning in all ARCHES Recovery College activities. • To co-ordinate and manage systems of recruitment, development, and supervision of Recovery Educator Facilitators in line with ARCHES Recovery College policies and protocols. • To develop and maintain a quality co-produced Recovery Education programme in line with Recovery Education Guidance Document 2018-2020. • Support and develop the engagement of service provider, service user and family member involvement in Recovery Education. • To collaborate with other agencies in creating learning and skill acquisition opportunities and developing healthy networks and partnerships. • To oversee the enrolment process of students, oversee the completion of learning plans, advise guide and support students. • To manage and oversee students who are on work experience and learning placements, i.e. social care, nursing, etc. • To market and promote Recovery Education and ARCHES Recovery College. • To prepare individual and management reports. • To coordinate research and outcome measurement. • To ensure a high quality and standard of service. • To foster a welcoming, nurturing environment. • To take responsibility for your own personal self-care in the role of Peer Educator. • To demonstrate a knowledge and commitment to developing wellness at work practise for both self and colleagues. • Liaise with services, groups, and individuals with a view to developing and strengthening partnership working. • Administer and update relevant systems of documentation and record keeping. • Attend and support service development meetings as and when required. • To embed recovery values in all educational resources developed from the perspective of lived experience. • To identify potential Recovery Education Facilitators from among service user and family member stakeholder groups. • To identify training needs of potential co-facilitators and co-ordinate the delivery of training accordingly. • To act as lead on the co-production of Recovery Education modules programmes for mental health service staff. • To co-produce and co-deliver Recovery Education modules with identified partner organisations. • To operate within all the policies, procedures and guidelines as stipulated by in HSE Community Healthcare East and Mental Health Ireland. <p>The above Job Description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post which may be assigned to him/her from time to time and to contribute to the development of the post while in office.</p>
Eligibility Criteria Qualifications and/ or experience	<p>The successful candidate must have:</p> <ul style="list-style-type: none"> • A relevant qualification in a health, education, or related field from Level 6 on the QQI Framework, including knowledge of adult education principles. • A strong and demonstrable commitment to mental health and recovery informed by lived experience of mental health and /or addiction challenges or family member mental health experience.

	<ul style="list-style-type: none"> • A track record and demonstrable in the support and development of projects and new initiatives that promote positive mental health. • Experience of group facilitation or similar engagement process with service users and family members as relevant to this role. • Experience of working collaboratively with internal and external stakeholders as relevant to this role. • Knowledge of Recovery Approach and philosophy in mental health. • Experience of working collaboratively with internal and external stakeholders as relevant to this role. • Proficient IT skills (e.g. Outlook, PowerPoint, Word, Excel, Publisher) • At least 2 years' experience working in a relevant field.
Desirable	<ul style="list-style-type: none"> • A relevant qualification in training, facilitation, coaching, mentoring or proven relevant experience. • Previous experience in Recovery Education / coproduction initiatives. • Proven voluntary/paid experience in recovery initiatives, project management, and community development initiatives.
Skills, competencies and/or knowledge	<p>Professional Knowledge</p> <ul style="list-style-type: none"> • An understanding of recovery in mental health including the key documents that guide Recovery Education. • An understanding of the role of education in mental health recovery. • An understanding of approaches to adult education and training. • Experience of training design and coproducing Recovery Education courses, workshops, programmes, and resource materials. • Experience of co-facilitation and supporting the design and coproduction of resource materials. <p>Skills</p> <ul style="list-style-type: none"> • The ability to use a broad range of learning techniques. • Ability to work co-operatively as part of a team. • Good administration skills. • Capacity to work on own initiative and seek support as required. • Demonstrable proficient IT Skills in the use of Outlook, PowerPoint, Word, Excel, and Publisher • Ability to lead and support a team of Recovery Education Facilitators. <p>Planning and Organising</p> <ul style="list-style-type: none"> • Possess the necessary organisational and planning skills to ensure available sources are optimized in achieving the aims recovery education. • Excellent time management skills. • Ability to strategize, prioritise, and schedule activities to ensure achievement of project objectives in the short and long term. • Project management and delivery experience. • Ability to evaluate complex information from a variety of sources and make effective decisions. • Have effective problem solving and decision-making skills. <p>Communication and Interpersonal Skills</p> <ul style="list-style-type: none"> • Confidence and competence in public speaking • Demonstrate excellent interpersonal and communication skills. • Have the ability to foster positive working relationships with stakeholder groups and partner organizations. • Have effective presentation and facilitation skills both face to face and online platforms.

	<ul style="list-style-type: none"> • Be motivated. • The ability to adopt an innovative approach to the job. • The ability to present information clearly, concisely and confidently when speaking and in writing tailoring to meet the needs of the audience. • The ability to interact in a professional manner with other staff and key stakeholders. <p>Commitment to a Quality Service</p> <ul style="list-style-type: none"> • The ability to use a broad range of education techniques. • The ability to meaningfully evaluate the benefits of Recovery Education in mental health. • Demonstrate a client/user focus in the delivery of services. • Demonstrate a core belief in and passion for the sustainable delivery of high quality coproduced services. • Demonstrate a commitment to recovery focused community development principles and practices. • Demonstrate commitment to continuing professional development.
Annual Leave	26 days (pro rata)
Salary	Grade IV Point 4, €33,508 (HSE October 2020)
Contract Length	6 months Fixed Term Contract
Benefits	<ul style="list-style-type: none"> • Employee Assistance Programme. • Bike to Work Scheme. • Good Friday is a Privilege Day (Day off) • Defined Contribution Pension Scheme. • Incremental Pay Scale in place.
Other requirements specific to the post	<ul style="list-style-type: none"> • Garda clearance. • Appropriate references. • Full driving licence and access to own transport required.
Short Listing	<p>Applicants will be short listed for interview based on the information supplied on their CV and letter of application at the closing date.</p> <p>Criteria for short listing are based on the requirements of the post as outlined in the post specific requirements, duties, skills, competencies and/or knowledge section of this job specification.</p>