



HSE  
Mental Health  
Engagement  
& Recovery



Mental Health  
Ireland



Cúram Sláinte Pobail Thoir  
Cúil Mhara (Bailé Áraí Gráth Thoir)  
Bailé Áraí Gráth Thoir Thoir  
Community Healthcare East  
Wicklow | Dublin South | Dublin South East



Cluain Mhuire  
Community Mental Health Services  
Hospitality Compassion Respect

# **Recovery Education Facilitator (Person with Lived Experience) Community Healthcare East (CHO6) and ARCHES Recovery College Job Specification and Terms and Conditions**

**Please Quote 2024-002 when applying for the position.**

To apply for this position, please submit a cover letter setting out your reasons for applying for the position along with your Curriculum Vitae to [recruitment@mentalhealthireland.ie](mailto:recruitment@mentalhealthireland.ie)

<b>Job Title</b>	Recovery Education Facilitator (Person with Lived Experience)
<b>Posts Available</b>	<p>1 specified purpose contract – 24 months part time (15 hours per week) at HSE Grade III, point 3, October 2020 Pay Scale € 26,615 pro rata.</p> <p>Initial 15-hour contracts will be offered with the potential to offer contracts for different hours per week in the future.</p> <p>A panel will be formed as a result of this campaign from which current and future vacancies may be filled.</p>
<b>Closing Date</b>	<p>Closing date for applications is 22<sup>nd</sup> December 2023 at 12 midday.</p> <p>Applications received outside this time will not be considered.</p>
<b>Interview Date</b>	Interviews will be held on week commencing 8 <sup>th</sup> January 2024.
<b>Location</b>	This is a hybrid post (with work being conducted both online and in relevant HSE Community Healthcare East locations).
<b>Base</b>	To be confirmed with successful applicants – Dublin South East, Cluain Mhuire, or East Wicklow.
<b>Employer</b>	Mental Health Ireland
<b>Organisational Area</b>	Community Healthcare East (CHO 6) - Dublin South East, Cluain Mhuire, and East Wicklow Mental Health Services.
<b>Reporting Relationship</b>	Reporting relationship with Mental Health Ireland from an employment contract perspective. Working relationships with CHO 6 Mental Health Service in terms of supervision and operational management. Reporting directly to Recovery Co-ordinator for Community Healthcare East and ARCHES Recovery College (Dr Donal O’Keeffe).
<b>Informal Enquiries</b>	Please contact Recovery Coordinator (Dr Donal O’Keeffe) by email at <a href="mailto:donal@mentalhealthireland.ie">donal@mentalhealthireland.ie</a> .
<b>Purpose of Post</b>	<p>The continued development of recovery orientated services is a key priority of mental health services. The development of the Framework for Recovery in Mental Health 2018 – 2020 sets out an understanding of recovery and recovery orientated services, the core values that underpin it, and the actions and measures that support such a service. This is also in line with Mental Health Ireland’s strategy – Mental Health for All – Hope, Strength, and Action (2022- 2024) Priority Area 1, Objective 1.</p> <p>Mental Health Ireland is partnering with HSE Community Healthcare East to develop, deliver, and embed Recovery Education across Dublin South East, Cluain</p>

	<p>Mhuire, and East Wicklow Mental Health Service. The advertised roles play an integral part in supporting the achievement of this aim.</p> <p>Central to this is (i) offering a full programme of Recovery Education courses for service users and their family members, carers, and supporters every 3 months and (ii) educating and supporting clinicians to deliver recovery orientated mental health services.</p> <p>The Recovery Education Facilitator will support the development and delivery of Recovery Education in Community Healthcare East by:</p> <ul style="list-style-type: none"> <li>• Co-facilitating the delivery of a wide range of Recovery Education courses.</li> <li>• Leading the co-production of Recovery Education courses.</li> <li>• Planning and co-ordinating the co-production and co-delivery of Recovery Education to specific groups, in specific locations.</li> <li>• Working under the direction of the Recovery Coordinator (Dr Donal O’Keeffe) and Peer Educator (Peter Byrne).</li> <li>• Participating as a person with Lived Experience in Recovery initiatives with the HSE and community partners.</li> </ul>
<b>Overview of Community Healthcare East Mental Health Services</b>	<p>Dublin South East, Cluain Mhuire, and East Wicklow secondary mental health services include child and adolescent, general adult, and psychiatry of later life services.</p> <p>These comprise Recovery Education (through ARCHES Recovery College), Mental Health Engagement, vocational training centres, and peer support services as well as outpatient clinics, rehabilitation services, and residential services. Acute inpatient psychiatric facilities, long stay approved centres, day hospitals, and day centres are also components.</p> <p>Specialist supports are provided to serve a particular group within the population, based on their stage of life or particular needs (e.g., mental health and intellectual disability services, eating disorder services, and the National Gender mental health service).</p>
<b>Eligibility criteria and qualifications</b>	<p><u>Essential:</u></p> <ul style="list-style-type: none"> <li>• A commitment to recovery informed by relevant lived experience or family member mental health experience.</li> <li>• Strong and demonstrable experience of group facilitation or similar engagement processes with service users and family members, carers, supporters, and clinicians as relevant to this role.</li> </ul> <p><u>Desirable:</u></p> <ul style="list-style-type: none"> <li>• Experience of active involvement in co-producing and co-facilitating Recovery Education.</li> <li>• QQI Level 6 Training, Delivery and Evaluation Skills or equivalent.</li> <li>• Facilitation training in Recovery Education courses (e.g., Wellness Recovery Action Planning, Recovery in Colour, Developing your Personal Recovery Narrative etc).</li> </ul> <p><u>Other requirements:</u></p> <ul style="list-style-type: none"> <li>• Appropriate references.</li> <li>• Garda clearance.</li> <li>• Access to transport and ability to travel as required.</li> </ul>

	<ul style="list-style-type: none"> <li>• Commitment to fidelity to Recovery Education principles.</li> <li>• Willingness to train in specific programmes as relevant to the post (e.g., Recovery Principles and Practice Workshop: An Introduction to Our National Framework for Recovery in Mental Health, Wellness Recovery Action Planning etc.</li> </ul>
<b>Skills, competencies and/or knowledge</b>	<p><u>Relevant knowledge:</u></p> <ul style="list-style-type: none"> <li>• A clear understanding of recovery in mental health.</li> <li>• Knowledge of the role of education in mental health recovery.</li> <li>• Demonstrate an understanding of approaches to adult education and training.</li> </ul> <p><u>Skills:</u></p> <ul style="list-style-type: none"> <li>• The ability to work co-operatively as part of a team.</li> <li>• Administration and ICT skills.</li> <li>• Capacity to work on own initiative and seek support as required.</li> <li>• Problem-solving and adaptability skills.</li> </ul> <p><u>Planning and Organising:</u></p> <ul style="list-style-type: none"> <li>• Experience of involvement in planning and organising events, people, resources etc.</li> <li>• Time management skills.</li> <li>• Commitment to provision of a quality service including knowledge of evaluation techniques, working to standards, and commitment to professional development.</li> </ul> <p><u>Communication and Interpersonal skills:</u></p> <ul style="list-style-type: none"> <li>• Demonstrate excellent interpersonal and communication skills.</li> <li>• Effective presentation and facilitation skills in a variety of settings and using varied techniques suitable to the audience.</li> <li>• The ability to interact in a professional manner with other staff and key stakeholders.</li> <li>• Confidence and competence in public speaking</li> <li>• Demonstrate experience in adult learning and group facilitation.</li> </ul>
<b>Principal Duties and Responsibilities</b>	<ul style="list-style-type: none"> <li>• To co-produce and co-facilitate the delivery of Recovery Education programmes.</li> <li>• To participate in, and collaborate on, the co-production and co-delivery of recovery education courses, materials, and training.</li> <li>• To collaborate with others in the planning and arranging of Recovery Education programme delivery in specific locations in the region.</li> <li>• To maintain, monitor, and store relevant information on participants in line with current legislation.</li> <li>• To provide feedback and information to the HSE on all Recovery Education activity and outcomes as required.</li> <li>• To support the collection of relevant Recovery Education data at a local level.</li> <li>• Work in accordance with best practice in recovery principles as outlined in 'A Framework for Recovery in Mental Health 2018 – 2020'</li> <li>• Support the empowerment of service users and family members, carers, and supporters through their participation in Recovery Education.</li> <li>• To work in accordance with all policy, procedures, and statutory requirements of the HSE and Mental Health Ireland.</li> </ul>

	<ul style="list-style-type: none"> <li>To participate on, and input into, Service Improvement committees and initiatives as a person with Lived Experience locally and nationally on occasion and as agreed.</li> </ul> <p><b>The above Job Description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post which may be assigned from time to time and to contribute to the development of the post while in office.</b></p>
<b>Competition specific selection process</b>	<p>Short listing will be carried out on the basis of information supplied in your curriculum vitae and letter of application at the closing date.</p> <p>Shortlisting criteria are based on the requirements of the post as outlined in the eligibility criteria and skills, competencies, and knowledge section of this job specification.</p>
<b>Benefits</b>	<ul style="list-style-type: none"> <li>Employee Assistance Programme.</li> <li>Bike to Work Scheme.</li> <li>Good Friday is a Privilege Day (Day off)</li> <li>Defined Contribution Pension Scheme.</li> <li>Incremental Pay Scale in place</li> </ul>
<b>Tenure</b>	24 months fixed term.
<b>Remuneration</b>	In line with HSE Grade III October 2020 pay scale, €26,615 pro rata.
<b>Working week</b>	To be discussed and decided with Recovery Co-ordinator for Community Healthcare East and ARCHES Recovery College (Dr Donal O’Keeffe) on appointment to the post.
<b>Annual leave</b>	24 days pro rata.
<b>Probation</b>	6-month probationary period