



Mental Health
Ireland

Recovery Education Facilitator (Person with Lived Experience) in HSE Dublin South & Wicklow & ARCHES Recovery College

Job Specification and Terms and Conditions



Mental Health
Ireland

Please Quote 2025-006 when applying for the position.

To apply for this position, please submit a cover letter setting out your reasons for applying for the position along with your Curriculum Vitae to recruitment@mentalhealthireland.ie

Job Title	Recovery Education Facilitator (Person with Lived Experience)
Posts Available	1 x Specified Purpose Contract – 2-year part time (15 hours per week) in HSE Dublin South & Wicklow & ARCHES Recovery College
Closing Date	Closing date for applications is Tuesday 20th May 2025 at 12 midday. Applications received outside this time will not be considered. Shortlisting will be carried out based on the information received in your CV and letter of application.
Interview Date	Interviews will be held on week commencing Monday 2nd June 2025.
Location and Base	This is a hybrid post (with work being conducted both online and in relevant locations across the catchment. The successful candidate's office and most work will occur in Bray Primary Care Centre.
Employer	Mental Health Ireland
Organisational Area	HSE Integrated Healthcare Area Dublin South & Wicklow (i.e. Dublin South East, East Wicklow, and Dún Laoghaire–Rathdown (Cluain Mhuire).
Reporting Relationship	<p>Reporting relationship with Mental Health Ireland from an employment contract perspective. Working relationships with HSE Mental Health Service in terms of supervision and operational management.</p> <p>Reporting directly to Recovery Co-ordinator for HSE Dublin South & Wicklow and Manager of ARCHES Recovery College (Dr Donal O'Keeffe).</p>
Informal Enquiries	Please contact Recovery Coordinator (Dr Donal O'Keeffe) by email at donal@mentalhealthireland.ie .
Purpose of Post	<p>The continued development of recovery orientated services is a key priority of mental health services. The development of 'A National Framework for Recovery in Mental Health 2024–2028' sets out an understanding of recovery and recovery orientated services, the core values that underpin it, and the actions and measures that support such a service. This is also in line with Mental Health Ireland's strategy 2025-2027 – Empowering, Educating and Connection Communities (Priority Area 1, Objective 1.)</p> <p>Mental Health Ireland is partnering with HSE Dublin South & Wicklow to develop, deliver, and embed Recovery Education across Dublin South East, East Wicklow, and Dún Laoghaire–Rathdown (Cluain Mhuire) mental health services. The advertised role plays an integral part in supporting the achievement of this aim.</p>



Mental Health
Ireland

	<p>Central to this is (1) offering a full programme of Recovery Education courses for service users and their family members, careers, and supporters every 3 months and (2) educating and training mental health professionals to deliver recovery orientated mental health services.</p> <p>The Recovery Education Facilitator will support the development and delivery of Recovery Education in Community Healthcare East by:</p> <ul style="list-style-type: none"> • Co-facilitating the delivery of a wide range of Recovery Education courses. • Leading the co-production of Recovery Education courses (with a particular focus on the creativity and mental health recovery programme). • Planning and co-ordinating the co-production and co-delivery of Recovery Education to specific groups, in specific locations. • Working under the direction of the Recovery Coordinator (Dr Donal O’Keeffe). • Participating as a person with Lived Experience in Recovery initiatives with the HSE and community partners. <p>To be eligible to apply for these posts, you must have:</p> <ul style="list-style-type: none"> • A commitment to recovery informed by relevant Lived Experience or family member mental health experience. • Strong and demonstrable experience of group facilitation or similar engagement processes with service users and family members, carers, supporters, and mental health professionals as relevant to this role.
<p>Overview of Community Healthcare East Mental Health Services and ARCHES Recovery College</p>	<p>HSE Community Healthcare East secondary mental health services include child and adolescent, general adult, and psychiatry of later life services.</p> <p>These services include Recovery Education (through ARCHES Recovery College); Mental Health Engagement; vocational training centres; peer support services; outpatient clinics; rehabilitation services; residential services; acute inpatient psychiatric facilities; long stay approved centres; day hospitals; and day centres.</p> <p>Specialist supports are also provided to serve a particular group within the population, based on their stage of life or needs (e.g., mental health and intellectual disability services, eating disorder services, and the National Gender mental health service).</p> <p>ARCHES Recovery College is the HSE Recovery Education Service operating across HSE Dublin South & Wicklow. Recovery Education is an approach to supporting people with mental health difficulties, their family members, carers, and supporters, and mental health professionals. It is based on the theory and practice of adult education, and recognition of the value of Lived Experience, rather than clinical or therapeutic models.</p>



Mental Health
Ireland

	<p>Recovery Colleges offer a wide range of courses, talks, peer support opportunities, and social events to share knowledge about different coping strategies, develop ways of making sense of psychological distress, and experience belonging, meaning, and empowerment. Importantly, Recovery Education is coproduced, meaning that all courses are developed by service users, their family members/supporters, and mental health professionals collaborating.</p> <p>Recovery Education Facilitators in mental health services are people employed for their expertise in cofacilitation and coproduction and their Lived Experience of mental health difficulties and receiving support.</p>
Eligibility criteria and qualifications	<p><u>Essential:</u></p> <p>The successful candidate must demonstrate:</p> <ul style="list-style-type: none"> • A commitment to Recovery informed by relevant Lived Experience of (1) having mental health difficulties yourself or (2) being a member of a family impacted by poor mental health. • Strong experience of group facilitation or similar engagement processes (with service users, family members, carers, supporters, and/or mental health professionals). <p><u>Desirable:</u></p> <ul style="list-style-type: none"> • Experience of active involvement in co-producing and co-facilitating Recovery Education. • Knowledge, skills, or experience of using creativity to support people in mental health recovery. • Facilitation training in Recovery Education courses (e.g., Wellness Recovery Action Planning, Recovery in Colour, Understanding Anxiety etc). • QQI Level 6 Training, Delivery and Evaluation Skills or equivalent. <p><u>Other requirements:</u></p> <ul style="list-style-type: none"> • Appropriate references. • Garda clearance. • Access to transport and ability to travel as required. • Commitment to maintaining fidelity to Recovery Education principles. • Willingness to train in specific programmes as relevant to the post (e.g., Recovery Principles and Practice Workshop: An Introduction to Our National Framework for Recovery in Mental Health, Wellness Recovery Action Planning etc).
Skills, competencies and/or knowledge	<p><u>Relevant knowledge:</u></p> <ul style="list-style-type: none"> • A clear understanding of recovery in mental health. • Knowledge of the role of education in mental health recovery. • Demonstrate an understanding of approaches to adult education and training. <p><u>Skills:</u></p> <ul style="list-style-type: none"> • The ability to work co-operatively as part of a team.



Mental Health
Ireland

	<ul style="list-style-type: none"> • Administration and ICT skills. • Capacity to work on own initiative and seek support as required. • Problem-solving and adaptability skills. <p><u>Planning and Organising:</u></p> <ul style="list-style-type: none"> • Experience of involvement in planning and organising events, people, resources etc. • Time management skills. • Commitment to provision of a quality service including knowledge of evaluation techniques, working to standards, and commitment to professional development. <p><u>Communication and Interpersonal skills:</u></p> <ul style="list-style-type: none"> • Demonstrate excellent interpersonal and communication skills. • Effective presentation and facilitation skills in a variety of settings and using varied techniques suitable to the audience. • The ability to interact in a professional manner with other staff and key stakeholders. • Confidence and competence in public speaking • Demonstrate experience in adult learning and group facilitation.
<p>Principal Duties and Responsibilities</p>	<ul style="list-style-type: none"> • To co-produce and co-facilitate the delivery of Recovery Education programmes. • To participate in, and collaborate on, the co-production and co-delivery of recovery education courses, materials, and training (with a particular focus on the creativity and mental health recovery programme). • To collaborate with others in the planning and arranging of Recovery Education programme delivery in specific locations in the region. • To maintain, monitor, and store relevant information on participants in line with current legislation. • To provide feedback and information to the HSE on all Recovery Education activity and outcomes as required. • To support the collection of relevant Recovery Education data at a local level. • Work in accordance with best practice in recovery principles as outlined in 'A National Framework for Recovery in Mental Health 2024–2028'. • Support the empowerment of service users and family members, carers, and supporters through their participation in Recovery Education. • To work in accordance with all policy, procedures, and statutory requirements of the HSE and Mental Health Ireland. • To participate on, and input into, Service Improvement committees and initiatives as a person with Lived Experience locally and nationally on occasion and as agreed. <p>The above Job Description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other</p>



Mental Health
Ireland

	duties as appropriate to the post which may be assigned from time to time and to contribute to the development of the post while in office.
Competition specific selection process	<p>Short listing will be carried out on the basis of information supplied in your curriculum vitae and letter of application at the closing date.</p> <p>Shortlisting criteria are based on the requirements of the post as outlined in the eligibility criteria and skills, competencies, and knowledge section of this job specification.</p>
Benefits	<ul style="list-style-type: none"> • Employee Assistance Programme. • Bike to Work Scheme. • Good Friday is a Privilege Day (Day off) • Defined Contribution Pension Scheme. • Incremental Pay Scale in place. • Company Sick Benefit.
Tenure	2-year Specified Purpose Contract.
Remuneration	<p>The salary for this post is analogous with HSE 2020 Salary Scale plus 8%, in line with October 2023 WRC agreement on Section 39 Pay.</p> <p>In line with HSE Grade III Clerical Officer, Point three €26,615 (plus the 8%).</p> <p>The part Time Salary for the post will be €11,653 (inclusive 8%) per annum.</p>
Working week	To be discussed and decided with Recovery Co-ordinator for Community Healthcare East and ARCHES Recovery College (Dr Donal O'Keeffe) on appointment to the post.
Annual leave	24 days pro rata
Probation	6-month probationary period